id you know that a Medical Aid Unit (MAU) provides urgent care and can be a less expensive alternative to a hospital emergency department or an ER?

## What are MAUs?

Medical Aid Units (also known as Urgent Care Facilities) treat injuries or illnesses that are not lifethreatening but require care within a few hours or the same day. With a MAU, you don't need an appointment, and you may avoid the longer waits you might find at a busy ER (Emergency Room).

Below, you will find a listing of medical aid units in Delaware including their addresses, telephone numbers, and hours of operation.

## **MEDICAL AID UNITS**

### **New Castle County**

	•			
GLASGOW MEDICAL AID UNIT				
2600 Glasgow Av	302.836.8350			
MonSat.	8:00 am-8:00 pm			
Sun. & Holidays	9:00 am-5:00 pm			
HOCKESSIN WALK	In Medical Care			
316 Lantana Driv	302.234.4000			
MonSat.	12 Noon-8 pm			
Sunday	12 Noon-8 pm 12 Noon-5 pm			
Holidays	12 Noon-4 pm			
LIMESTONE MEDICAL AID UNIT				
1941 Limestone Road, Wilmington 302.992.050				
MonSat.	9:00 am-8:00 pm			
Sun. & Holidays	9:00 am-5:00 pm			
SILVERSIDE MEDICAL AID UNIT				
2700 Silverside R	302.478.1100			
MonSat.	9:00 am-9:00 pm			
Sun. & Holidays	9:00 am-6:00 pm			
THE MEDICAL AID UNIT AT CHRISTIANA				
200 Hygeia Drive	, Newark	302.623.0444		
(across from Christiana Hospital)				
MonSat.				
Sun. & Holidays	9:00 am-5:00 pm			
Walk-In Medical Care				
209 E. Main Stree	302.449.1449			
MonFri.	7:30 am-7:00 pm			
Sat.	9:00 am-3:00 pm			
Sun. & Holidays	11:00 am-3:00 pm			

### **Kent County**

## WALK-IN MEDICAL CARE

1275 S. State Street, Dover 302.678.1303 Mon.-Fri. 7:30 am-7:00 pm Sat. 9:00 am-3:00 pm Sun. & Holidays 11:00 am-3:00 pm

#### **Sussex County**

	MEDICAL ALTERI	NATIVE CARE,	
	OCCUPATIONAL 1	HEALTH AND WALK-IN	
301 Jefferson Ave., Milford		302.430.5705	
	MonFri.	7:30 am-5:00 pm	

# **Medical Aid Units**

for Urgent Care





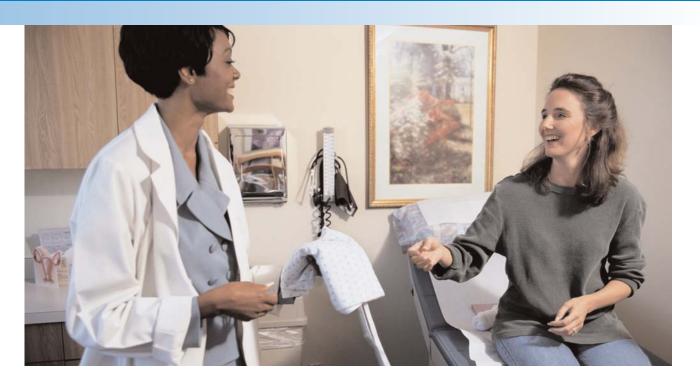
## What can an MAU do for you?

MAUs treat common ailments and injuries including:

- Lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint and back pain
- · Asthma attacks
- Fevers and flu
- Allergies
- Routine infections, such as ear, throat, sinus and bladder infections
- Coughs and colds
- Stomachaches
- Sexually transmitted infections
- Emergency contraceptive care
- Mild or moderate vaginal bleeding
- Skin irritation or skin infection

### How do MAUs work?

MAUs are staffed by board certified physicians who receive assistance from licensed nurses. The units feature on-site diagnostic equipment, including x-ray and laboratory services, and are generally open at times when your doctor's office may be closed. There is usually a minimal wait time until you can be seen by the doctor, and he/she has access to the same types of medical specialists who might need to see you if you were in an emergency department.



## Are MAUs a covered health benefit?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from a medical aid unit or urgent care center, instead of an ER. Please check your benefits booklet for coverage levels specific to your plan.

## When should I go to an ER?

While MAUs are appropriate for common conditions and injuries, life-threatening symptoms, such as chest pains, symptoms of stroke, severe headaches, excessive bleeding or vomiting are best handled by an ER or emergency department. If you are not sure whether your symptoms warrant an ER visit, it's a good idea to check with your doctor. Please note, non-emergency visits to ERs are not covered under your health benefits.

## What about a freestanding ER?

A freestanding ER is not considered a MAU, nor is it a traditional emergency room department, which is linked physically to a hospital. Instead, it is located by itself and usually has the designation "Emergency" in its name. While not a trauma center, a freestanding ER is open 24/7, and is generally able to treat most emergencies. It is important to note that a freestanding ER falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at a MAU. If you have any questions, please contact Customer Service at the number on the back of your Blue Cross Blue Shield of Delaware ID card.